

Group or Category	Pos in		Athlete Details			Split Times		Final Results		
	All	Cat	No	Cat	Name	Stg 1	Stg 2	Time	Stgs	Remarks
Open Men 2-day	1	1	164	LM	Andreas Studer	03.00.07	04.19.43	07.19.50	2	
	2	2	160	LM	Riccardo Stermin	03.02.02	04.19.45	07.21.47	2	
	3	3	212	LM	Jaco Van Loggerenberg	03.12.08	04.30.13	07.42.21	2	
	4	4	73	LM	Grey Van Tonder	03.15.30	04.30.18	07.45.48	2	
	5	5	210	LM	Jan Scannell	03.21.06	04.30.04	07.51.10	2	
	6	6	54	LM	Ryal De Waal	03.21.58	04.30.14	07.52.12	2	
	7	7	176	LM	Pieter Uys	03.21.57	04.30.16	07.52.13	2	
	8	8	119	LM	Marco Glastra	03.17.59	04.38.29	07.56.28	2	
	9	9	60	LM	Christo Du Plessis	03.17.40	04.38.57	07.56.37	2	
	10	10	204	LM	Cam Wills	03.21.33	04.38.54	08.00.27	2	
	11	11	114	LM	Riaan Meintjes	03.22.09	04.39.28	08.01.37	2	
	12	12	42	LM	Jaco Davel	03.27.26	04.37.47	08.05.13	2	
	13	13	143	LM	Wilie Roux	03.26.48	04.38.59	08.05.47	2	
	14	14	43	LM	Casper De Bruin	03.26.59	04.51.11	08.18.10	2	
	15	15	94	LM	Philip-Ben Kotze	03.26.57	04.51.13	08.18.10	2	
	16	16	75	LM	John Gale	03.36.47	04.42.14	08.19.01	2	
	17	17	228	LM	Michael Talbott	03.27.51	04.51.15	08.19.06	2	
	18	18	96	LM	Alex Kruger	03.34.16	04.51.09	08.25.25	2	
	19	19	178	LM	Barto Van Der Merwe	03.34.15	04.51.17	08.25.32	2	
	20	20	40	LM	Mark Cryans	03.28.24	05.05.04	08.33.28	2	
	21	21	182	LM	Morne Van Der Westhuizen	03.29.27	05.05.03	08.34.30	2	
	22	22	239	LM	Martinus Kruger	03.32.01	05.05.07	08.37.08	2	
	23	23	170	LM	Paul Tyler	03.27.01	05.14.13	08.41.14	2	
	24	24	145	LM	Robert Saunders	03.39.39	05.05.27	08.45.06	2	
	25	25	17	LM	Pierre Blignaut	03.42.25	05.08.08	08.50.33	2	
	26	26	138	LM	Rens Rezelman	03.42.24	05.08.11	08.50.35	2	
	27	27	97	LM	Don Lange	03.46.02	05.05.52	08.51.54	2	
	28	28	45	LM	Jean De Jager	03.35.09	05.30.44	09.05.53	2	
	29	29	46	LM	Pierre De Jager	03.48.28	05.24.05	09.12.33	2	
	30	30	129	LM	Roland Peens	03.44.03	05.28.41	09.12.44	2	
	31	31	77	LM	Martin Gleeson	03.49.14	05.30.46	09.20.00	2	
	32	32	74	LM	Denis Futter	03.49.15	05.30.47	09.20.02	2	
	33	33	3	LM	Derek Anderson	03.55.32	05.28.42	09.24.14	2	
	34	34	76	LM	Leonard Gardner	03.48.02	05.41.03	09.29.05	2	
	35	35	147	LM	Ashley Shaw	03.55.05	05.34.26	09.29.31	2	
	36	36	38	LM	Andy Croly	03.52.24	05.37.32	09.29.56	2	
	37	37	211	LM	Lorenzo Le Roux	03.52.53	05.37.34	09.30.27	2	
	38	38	224	LM	Michael Doubell	03.54.42	05.37.38	09.32.20	2	
	39	39	63	LM	Darren Ebbs	03.48.12	05.44.32	09.32.44	2	
	40	40	166	LM	Francois Du Toit	04.03.39	05.29.35	09.33.14	2	
	41	41	195	LM	Hennie Walters	03.55.16	05.45.46	09.41.02	2	
	42	42	35	LM	Grant Clark	04.09.38	05.31.34	09.41.12	2	
	43	43	229	LM	Louis Loubser	03.55.22	05.48.13	09.43.35	2	
	44	44	250	LM	Chris Viljoen	04.03.30	05.48.14	09.51.44	2	
	45	45	59	LM	Andre Du Plessis	04.03.37	05.48.16	09.51.53	2	
	46	46	104	LM	Greg Louw	04.04.43	05.47.53	09.52.36	2	
	47	47	44	LM	Dawid De Bruin	04.10.01	05.42.43	09.52.44	2	
	48	48	181	LM	John Van Der Merwe	04.10.06	05.42.40	09.52.46	2	
	49	49	225	LM	Jakkie Liebenberg	03.57.51	05.56.11	09.54.02	2	
	50	50	222	LM	Graig Johnson	04.05.44	05.48.31	09.54.15	2	
	51	51	102	LM	Paul Lochner	04.06.53	05.48.34	09.55.27	2	
	52	52	206	LM	Richard Wood	04.49.35	05.08.22	09.57.57	2	

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Group or Category	Pos in		Athlete Details			Split Times		Final Results		
	All	Cat	No	Cat	Name	Stg 1	Stg 2	Time	Stgs	Remarks
	53	53	190	LM	Wynand Van Zyl	04.00.42	05.58.41	09.59.23	2	
	54	54	85	LM	Jed Hewson	04.13.26	05.48.09	10.01.35	2	
	55	55	21	LM	Barry Boswell	04.17.30	05.46.01	10.03.31	2	
	56	56	205	LM	Craig Wood	04.05.29	05.58.51	10.04.20	2	
	57	57	242	LM	Ian Wessels	03.57.50	06.09.01	10.06.51	2	
	58	58	219	LM	Benito Groenewald	03.57.48	06.09.03	10.06.51	2	
	59	59	2	LM	Ted Adam	04.05.00	06.02.30	10.07.30	2	
	60	60	128	LM	Cedric Peens	04.04.59	06.02.35	10.07.34	2	
	61	61	103	LM	Niel Lotter	04.06.14	06.02.32	10.08.46	2	
	62	62	148	LM	Graham Slater	04.10.04	05.58.46	10.08.50	2	
	63	63	86	LM	Andrew Hishin	04.22.20	05.48.11	10.10.31	2	
	64	64	93	LM	Darren Kelly	04.23.26	05.48.33	10.11.59	2	
	65	65	112	LM	Anthony McBride	04.04.02	06.10.43	10.14.45	2	
	66	66	169	LM	John Trollip	04.03.38	06.13.45	10.17.23	2	
	67	67	144	LM	Mark Rule	04.05.49	06.12.24	10.18.13	2	
	68	68	215	LM	Thys Minnie	04.03.37	06.15.00	10.18.37	2	
	69	69	172	LM	Richard Tyszowiecki	04.13.29	06.05.54	10.19.23	2	
	70	70	66	LM	Pierre Erasmus	04.18.40	06.02.27	10.21.07	2	
	71	71	167	LM	Stefan Terblanche	04.00.05	06.23.38	10.23.43	2	
	72	72	49	LM	Sebastian De Romijn	04.11.38	06.13.31	10.25.09	2	
	73	73	184	LM	Nicky Van Dyk	04.42.02	05.45.47	10.27.49	2	
	74	74	111	LM	Kevin Mc Pherson	04.29.50	05.58.48	10.28.38	2	
	75	75	141	LM	Pierre Rocher	04.13.49	06.15.43	10.29.32	2	
	76	76	136	LM	Mike Powell	04.09.12	06.20.28	10.29.40	2	
	77	77	192	LM	Sascha Vogler	04.09.11	06.20.32	10.29.43	2	
	78	78	80	LM	Phillip Grobbelaar	04.23.07	06.06.48	10.29.55	2	
	79	79	51	LM	Jean De Villiers	04.17.44	06.12.31	10.30.15	2	
	80	80	72	LM	Kalla Smit	04.17.46	06.12.34	10.30.20	2	
	81	81	70	LM	Serge Foulon	04.17.32	06.15.15	10.32.47	2	
	82	82	56	LM	Philip Dicey	04.44.30	05.48.26	10.32.56	2	
	83	83	19	LM	Leon Boshoff	04.15.15	06.20.30	10.35.45	2	
	84	84	142	LM	Alex Ross	04.15.17	06.20.34	10.35.51	2	
	85	85	62	LM	David Underwood	04.14.39	06.24.08	10.38.47	2	
	86	86	64	LM	Wolfram Finger	04.14.40	06.24.10	10.38.50	2	
	87	87	134	LM	Steve Pike	04.08.34	06.31.43	10.40.17	2	
	88	88	201	LM	Marc Whitmill	04.29.09	06.11.56	10.41.05	2	
	89	89	83	LM	Nicholas Hansen	04.29.13	06.11.55	10.41.08	2	
	90	90	108	LM	Rowan Marais	04.51.37	05.51.15	10.42.52	2	
	91	91	65	LM	Hermanus Engelbrecht	04.41.20	06.02.25	10.43.45	2	
	92	92	98	LM	Pieter Lategan	04.41.15	06.02.33	10.43.48	2	
	93	93	78	LM	David Goldschmidt	04.24.20	06.21.28	10.45.48	2	
	94	94	213	LM	Andele Doko	04.06.48	06.41.48	10.48.36	2	
	95	95	223	LM	Hennis Schreuder	04.19.01	06.31.06	10.50.07	2	
	96	96	157	LM	Peter Starke	04.32.37	06.21.09	10.53.46	2	
	97	97	165	LM	Jason Suter	04.17.42	06.36.13	10.53.55	2	
	98	98	177	LM	Andre Van Der Merwe	04.32.39	06.21.22	10.54.01	2	
	99	99	14	LM	Stephen Beukes	04.37.16	06.20.42	10.57.58	2	
	100	100	67	LM	George Evans	04.31.08	06.26.50	10.57.58	2	
	101	101	207	LM	Auric Zander	04.45.22	06.13.29	10.58.51	2	
	102	102	175	LM	Pierre Uys	04.41.25	06.21.43	11.03.08	2	
	103	103	117	LM	Clinton Miller	04.22.16	06.41.47	11.04.03	2	
	104	104	115	LM	Anton Meiring	03.55.50	07.08.39	11.04.29	2	

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Group or Category	Pos in		Athlete Details			Split Times		Final Results		
	All	Cat	No	Cat	Name	Stg 1	Stg 2	Time	Stgs	Remarks
	105	105	150	LM	Rudi Rossouw	04.19.21	06.48.34	11.07.55	2	
	106	106	173	LM	Jaco Uys	04.52.50	06.15.57	11.08.47	2	
	107	107	251	LM	Stanzel Olan	04.11.37	06.57.30	11.09.07	2	
	108	108	33	LM	Niel Cilliers	04.53.06	06.16.32	11.09.38	2	
	109	109	158	LM	Pierre Steenkamp	04.48.37	06.24.15	11.12.52	2	
	110	110	84	LM	Clayton Hindel	04.23.16	06.53.32	11.16.48	2	
	111	111	6	LM	Graham Basson	04.23.18	06.53.32	11.16.50	2	
	112	112	57	LM	Andrew Dove	04.49.55	06.27.51	11.17.46	2	
	113	113	52	LM	Paul Hendrik De Villiers	04.35.53	06.47.15	11.23.08	2	
	114	114	1	LM	Jack Ackermann	04.31.06	06.53.33	11.24.39	2	
	115	115	203	LM	Richard Williamson	04.31.05	06.53.34	11.24.39	2	
	116	116	113	LM	Henri Meier	04.31.07	06.53.33	11.24.40	2	
	117	117	139	LM	James Rimell	04.31.08	06.53.34	11.24.42	2	
	118	118	16	LM	Warren Blair	04.09.18	07.17.55	11.27.13	2	
	119	119	171	LM	Barry Tyson	04.24.30	07.04.03	11.28.33	2	
	120	120	193	LM	Wolfgang Von Loeper	04.52.10	06.45.43	11.37.53	2	
	121	121	156	LM	Andrew Soutar	04.48.30	06.51.36	11.40.06	2	
	122	122	12	LM	Arnold Bettendorf	05.20.01	06.21.30	11.41.31	2	
	123	123	95	LM	Wouter Kriegler	04.41.00	07.05.51	11.46.51	2	
	124	124	122	LM	Julian Moore	04.59.10	06.49.06	11.48.16	2	
	125	125	106	LM	Gavin Macnaughton	04.55.38	06.58.33	11.54.11	2	
	126	126	7	LM	Jody Baumgarten	04.42.20	07.13.16	11.55.36	2	
	127	127	11	LM	Henk Bester	04.46.03	07.10.09	11.56.12	2	
	128	128	32	LM	Jurgen Chemelli	05.02.40	06.53.33	11.56.13	2	
	129	129	9	LM	Riaan Bessinger	05.03.35	06.52.45	11.56.20	2	
	130	130	58	LM	John Dry	04.53.07	07.03.48	11.56.55	2	
	131	131	197	LM	Ryan Paterson	04.55.37	07.07.49	12.03.26	2	
	132	132	105	LM	Duncan Macduff	04.59.00	07.04.58	12.03.58	2	
	133	133	79	LM	Merryck Griffiths	04.56.03	07.08.38	12.04.41	2	
	134	134	48	LM	Rob De Lange	04.43.35	07.37.04	12.20.39	2	
	135	135	180	LM	Carl Van Der Merwe	04.54.40	07.35.32	12.30.12	2	
	136	136	124	LM	Berend Mulder	05.02.44	07.29.51	12.32.35	2	
	137	137	4	LM	Jacques Badenhorst	05.21.19	07.21.43	12.43.02	2	
	138	138	71	LM	Johannes Fourie	04.54.31	07.51.15	12.45.46	2	
	139	139	24	LM	Keith Bradford	05.03.35	07.44.07	12.47.42	2	
	140	140	149	LM	George Smit	05.27.28	07.23.52	12.51.20	2	
	141	141	22	LM	Andre Botha	05.11.58	07.44.20	12.56.18	2	
	142	142	61	LM	Leon Du Toit	05.27.26	07.42.44	13.10.10	2	
	143	143	202	LM	Mirco Wilde	05.03.44	08.10.34	13.14.18	2	
	144	144	69	LM	Nick Ferguson	05.03.41	08.10.37	13.14.18	2	
	145	145	29	LM	Stefan Burwitz	05.06.49	08.09.05	13.15.54	2	
	146	146	162	LM	Gabri Steyn	05.16.07	08.03.22	13.19.29	2	
	147	147	168	LM	Peter Tremlett	05.05.59	08.14.15	13.20.14	2	
	148	148	130	LM	Justin Persson	05.22.44	08.07.31	13.30.15	2	
	149	149	183	LM	Riaan Van Deventer	05.05.40	08.33.57	13.39.37	2	
	150	150	31	LM	Charl Champ	05.21.08	08.30.24	13.51.32	2	
	151	151	240	LM	Craig Mckune	05.24.58	08.30.21	13.55.19	2	
	152	152	241	LM	Jo Bentley	05.25.00	08.30.23	13.55.23	2	
	153	153	154	LM	Antony Smyth	05.35.37	08.30.19	14.05.56	2	
	154	154	131	LM	David Pienaar	06.14.00	08.44.57	14.58.57	2	
	155	155	137	LM	Henco Rademeyer	06.14.26	08.44.59	14.59.25	2	
	156	156	187	LM	Maartin Van Rensburg	06.14.29	08.45.02	14.59.31	2	

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Group or Category	Pos in		Athlete Details			Split Times		Final Results		
	All	Cat	No	Cat	Name	Stg 1	Stg 2	Time	Stgs	Remarks
	157	157	185	LM	Alex Van Rensburg	06.14.36	08.45.05	14.59.41	2	
	158	158	159	LM	Billy Stelling	03.00.08		03.00.08	1	
	159	159	196	LM	John Wakefield	03.00.32		03.00.32	1	
	160	160	209	LM	Morne Bester	03.19.00		03.19.00	1	
	161	161	226	LM	Hein De Jamaer	03.50.39		03.50.39	1	
	162	162	146	LM	E Schumann	04.19.23		04.19.23	1	
	163	163	260	LM	Anton Du Plessis	04.22.33		04.22.33	1	
	164	164	216	LM	William Wakefield	04.31.03		04.31.03	1	
	165	165	120	LM	Andrew Molteno	04.31.07		04.31.07	1	
	166	166	99	LM	Winston Latham	04.34.34		04.34.34	1	
	167	167	220	LM	Igsaan Nordien	04.41.10		04.41.10	1	
	168	168	220	LM	Clive Berry	04.41.10		04.41.10	1	
	169	169	127	LM	Grant Noble	04.43.32		04.43.32	1	
	170	170	18	LM	Peter Boardman	04.59.03		04.59.03	1	
	171	171	91	LM	Tariq Janodien	05.03.36		05.03.36	1	
	172	172	221	LM	Johan Van Staden	05.06.51		05.06.51	1	
	173	173	135	LM	Terrence Pomeroy-Ward	05.06.56		05.06.56	1	
	174	174	89	LM	Scott Irving	05.20.04		05.20.04	1	
	175	175	189	LM	Earl Van Zyl	05.23.05		05.23.05	1	
	176	176	88	LM	Neil Horn	05.38.02		05.38.02	1	
	177	177	87	LM	Matthiam Hoffman	05.41.59		05.41.59	1	
	178	178	237	LM	Uys Kruger	06.14.07		06.14.07	1	
	179	179	238	LM	Anton Strydom	06.14.09		06.14.09	1	
	180	180	41	LM	Nolan Daniel	06.19.28		06.19.28	1	
	181	181	28	LM	Marthinus Burger	06.41.51		06.41.51	1	
Category	All	Cat	No	Cat	Name	Stg 1	Stg 2	Time	Laps	Remarks
Open Women 2-day	1	1	236	LW	Desree Laubser	03.30.34	05.24.16	08.54.50	2	
	2	2	27	LW	Leanne Brown-Watson	03.39.44	05.24.15	09.03.59	2	
	3	3	227	LW	Ingrid Serritslev	03.43.09	05.28.58	09.12.07	2	
	4	4	30	LW	Diana Carolin	04.04.24	05.58.44	10.03.08	2	
	5	5	26	LW	Anzel Brink	04.18.43	05.48.24	10.07.07	2	
	6	6	140	LW	Marisu Rocher	04.13.48	06.15.48	10.29.36	2	
	7	7	53	LW	Sarah De Villiers	04.17.47	06.12.33	10.30.20	2	
	8	8	107	LW	Karin Peters	04.19.53	06.15.46	10.35.39	2	
	9	9	110	LW	Suzie Mattheus	04.32.34	06.21.26	10.54.00	2	
	10	10	179	LW	Carina Van Der Merwe	04.32.40	06.21.24	10.54.04	2	
	11	11	174	LW	Lorraine Uys	04.41.30	06.21.46	11.03.16	2	
	12	12	194	LW	Katja Walter	04.48.35	06.21.13	11.09.48	2	
	13	13	161	LW	Kerry Stevens	04.51.03	06.21.29	11.12.32	2	
	14	14	198	LW	Estelle Labuschagne	04.44.35	06.53.32	11.38.07	2	
	15	15	118	LW	Leigh Mitchell	04.49.32	07.01.40	11.51.12	2	
	16	16	208	LW	Christelle Le Roux	04.49.05	07.07.04	11.56.09	2	
	17	17	186	LW	Ansie Van Rensburg	04.43.33	07.26.47	12.10.20	2	
	18	18	39	LW	Sue Cromhout	04.44.15	07.26.45	12.11.00	2	
	19	19	151	LW	Lynette Smit	05.27.23	07.23.49	12.51.12	2	
	20	20	36	LW	Dawn Clarke	05.23.07	07.44.03	13.07.10	2	
	21	21	125	LW	Katie Muller	05.16.04	08.03.19	13.19.23	2	
	22	22	55	LW	Katherine Degenaar	05.22.46	08.07.29	13.30.15	2	
	23	23	155	LW	Beverley Smyth	05.35.39	08.30.20	14.05.59	2	
	24	24	123	LW	Morneen Mautitz	05.50.30	08.44.55	14.35.25	2	
	25	25	132	LW	Ronel Pienaar	06.14.02	08.44.52	14.58.54	2	
	26	26	133	LW	Wilma Pienaar	06.14.46	08.45.00	14.59.46	2	
	27	27	217	LW	Nadine Wakefield	04.31.04		04.31.04	1	

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Group or Category	Pos in		Athlete Details			Split Times		Final Results		
	All	Cat	No	Cat	Name	Stg 1	Stg 2	Time	Stgs	Remarks
	28	28	199	LW	Nicky Webb	04.44.40		04.44.40	1	
	29	29	101	LW	Kate Le Roux	04.50.30		04.50.30	1	
	30	30	109	LW	Brenda Marx	05.26.06		05.26.06	1	
	31	31	191	LW	Melvi Viljoen	05.26.14		05.26.14	1	
	32	32	121	LW	Cheryl Moolman	05.37.59		05.37.59	1	
Category	All	Cat	No	Cat	Name	Stg 1	Stg 2	Time	Laps	Remarks
Overall All Women and Men	1	1	164	LM	Andreas Studer	03.00.07	04.19.43	07.19.50	2	
	2	2	160	LM	Riccardo Stermin	03.02.02	04.19.45	07.21.47	2	
	3	3	212	LM	Jaco Van Loggerenberg	03.12.08	04.30.13	07.42.21	2	
	4	4	73	LM	Grey Van Tonder	03.15.30	04.30.18	07.45.48	2	
	5	5	210	LM	Jan Scannell	03.21.06	04.30.04	07.51.10	2	
	6	6	54	LM	Ryal De Waal	03.21.58	04.30.14	07.52.12	2	
	7	7	176	LM	Pieter Uys	03.21.57	04.30.16	07.52.13	2	
	8	8	119	LM	Marco Glastra	03.17.59	04.38.29	07.56.28	2	
	9	9	60	LM	Christo Du Plessis	03.17.40	04.38.57	07.56.37	2	
	10	10	204	LM	Cam Wills	03.21.33	04.38.54	08.00.27	2	
	11	11	114	LM	Riaan Meintjes	03.22.09	04.39.28	08.01.37	2	
	12	12	42	LM	Jaco Davel	03.27.26	04.37.47	08.05.13	2	
	13	13	143	LM	Wilie Roux	03.26.48	04.38.59	08.05.47	2	
	14	14	43	LM	Casper De Bruin	03.26.59	04.51.11	08.18.10	2	
	15	15	94	LM	Philip-Ben Kotze	03.26.57	04.51.13	08.18.10	2	
	16	16	75	LM	John Gale	03.36.47	04.42.14	08.19.01	2	
	17	17	228	LM	Michael Talbott	03.27.51	04.51.15	08.19.06	2	
	18	18	96	LM	Alex Kruger	03.34.16	04.51.09	08.25.25	2	
	19	19	178	LM	Barto Van Der Merwe	03.34.15	04.51.17	08.25.32	2	
	20	20	40	LM	Mark Cryans	03.28.24	05.05.04	08.33.28	2	
	21	21	182	LM	Morne Van Der Westhuizen	03.29.27	05.05.03	08.34.30	2	
	22	22	239	LM	Martinus Kruger	03.32.01	05.05.07	08.37.08	2	
	23	23	170	LM	Paul Tyler	03.27.01	05.14.13	08.41.14	2	
	24	24	145	LM	Robert Saunders	03.39.39	05.05.27	08.45.06	2	
	25	1	17	FM	Jaco Uys	03.42.25	05.08.08	08.50.33	2	
	26	25	17	LM	Pierre Blignaut	03.42.25	05.08.08	08.50.33	2	
	27	26	138	LM	Rens Rezelman	03.42.24	05.08.11	08.50.35	2	
	28	27	97	LM	Don Lange	03.46.02	05.05.52	08.51.54	2	
	29	1	236	LW	Desree Laubser	03.30.34	05.24.16	08.54.50	2	
	30	2	27	LW	Leanne Brown-Watson	03.39.44	05.24.15	09.03.59	2	
	31	28	45	LM	Jean De Jager	03.35.09	05.30.44	09.05.53	2	
	32	3	227	LW	Ingrid Serritslev	03.43.09	05.28.58	09.12.07	2	
	33	29	46	LM	Pierre De Jager	03.48.28	05.24.05	09.12.33	2	
	34	30	129	LM	Roland Peens	03.44.03	05.28.41	09.12.44	2	
	35	31	77	LM	Martin Gleeson	03.49.14	05.30.46	09.20.00	2	
	36	32	74	LM	Denis Futter	03.49.15	05.30.47	09.20.02	2	
	37	2	3	FM	Hugo Carinus	03.55.32	05.28.42	09.24.14	2	
	38	33	3	LM	Derek Anderson	03.55.32	05.28.42	09.24.14	2	
	39	34	76	LM	Leonard Gardner	03.48.02	05.41.03	09.29.05	2	
	40	35	147	LM	Ashley Shaw	03.55.05	05.34.26	09.29.31	2	
	41	36	38	LM	Andy Croly	03.52.24	05.37.32	09.29.56	2	
	42	37	211	LM	Lorenzo Le Roux	03.52.53	05.37.34	09.30.27	2	
	43	38	224	LM	Michael Doubell	03.54.42	05.37.38	09.32.20	2	
	44	39	63	LM	Darren Ebbs	03.48.12	05.44.32	09.32.44	2	
	45	40	166	LM	Francois Du Toit	04.03.39	05.29.35	09.33.14	2	
	46	41	195	LM	Hennie Walters	03.55.16	05.45.46	09.41.02	2	
	47	42	35	LM	Grant Clark	04.09.38	05.31.34	09.41.12	2	
	48	43	229	LM	Louis Loubser	03.55.22	05.48.13	09.43.35	2	
	49	44	250	LM	Chris Viljoen	04.03.30	05.48.14	09.51.44	2	
	50	45	59	LM	Andre Du Plessis	04.03.37	05.48.16	09.51.53	2	
	51	46	104	LM	Greg Louw	04.04.43	05.47.53	09.52.36	2	
	52	47	44	LM	Dawid De Bruin	04.10.01	05.42.43	09.52.44	2	
	53	48	181	LM	John Van Der Merwe	04.10.06	05.42.40	09.52.46	2	
	54	49	225	LM	Jakkie Liebenberg	03.57.51	05.56.11	09.54.02	2	
	55	50	222	LM	Graig Johnson	04.05.44	05.48.31	09.54.15	2	
	56	51	102	LM	Paul Lochner	04.06.53	05.48.34	09.55.27	2	
	57	52	206	LM	Richard Wood	04.49.35	05.08.22	09.57.57	2	
	58	53	190	LM	Wynand Van Zyl	04.00.42	05.58.41	09.59.23	2	
	59	54	85	LM	Jed Hewson	04.13.26	05.48.09	10.01.35	2	
	60	4	30	LW	Diana Carolin	04.04.24	05.58.44	10.03.08	2	

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Group or Category	Pos in		Athlete Details			Split Times		Final Results		
	All	Cat	No	Cat	Name	Stg 1	Stg 2	Time	Stgs	Remarks
	61	55	21	LM	Barry Boswell	04.17.30	05.46.01	10.03.31	2	
	62	3	21	FM	Pieter Shaw	04.17.30	05.46.01	10.03.31	2	
	63	56	205	LM	Craig Wood	04.05.29	05.58.51	10.04.20	2	
	64	57	242	LM	Ian Wessels	03.57.50	06.09.01	10.06.51	2	
	65	58	219	LM	Benito Groenewald	03.57.48	06.09.03	10.06.51	2	
	66	5	26	LW	Anzel Brink	04.18.43	05.48.24	10.07.07	2	
	67	4	2	FM	Tian Bothma	04.05.00	06.02.30	10.07.30	2	
	68	59	2	LM	Ted Adam	04.05.00	06.02.30	10.07.30	2	
	69	60	128	LM	Cedric Peens	04.04.59	06.02.35	10.07.34	2	
	70	61	103	LM	Niel Lotter	04.06.14	06.02.32	10.08.46	2	
	71	62	148	LM	Graham Slater	04.10.04	05.58.46	10.08.50	2	
	72	63	86	LM	Andrew Hishin	04.22.20	05.48.11	10.10.31	2	
	73	64	93	LM	Darren Kelly	04.23.26	05.48.33	10.11.59	2	
	74	65	112	LM	Anthony Mcbride	04.04.02	06.10.43	10.14.45	2	
	75	66	169	LM	John Trollip	04.03.38	06.13.45	10.17.23	2	
	76	67	144	LM	Mark Rule	04.05.49	06.12.24	10.18.13	2	
	77	68	215	LM	Thys Minnie	04.03.37	06.15.00	10.18.37	2	
	78	69	172	LM	Richard Tyszowiecki	04.13.29	06.05.54	10.19.23	2	
	79	70	66	LM	Pierre Erasmus	04.18.40	06.02.27	10.21.07	2	
	80	71	167	LM	Stefan Terblanche	04.00.05	06.23.38	10.23.43	2	
	81	72	49	LM	Sebastian De Romijn	04.11.38	06.13.31	10.25.09	2	
	82	73	184	LM	Nicky Van Dyk	04.42.02	05.45.47	10.27.49	2	
	83	74	111	LM	Kevin Mc Pherson	04.29.50	05.58.48	10.28.38	2	
	84	75	141	LM	Pierre Rocher	04.13.49	06.15.43	10.29.32	2	
	85	6	140	LW	Marisu Rocher	04.13.48	06.15.48	10.29.36	2	
	86	76	136	LM	Mike Powell	04.09.12	06.20.28	10.29.40	2	
	87	77	192	LM	Sascha Vogler	04.09.11	06.20.32	10.29.43	2	
	88	78	80	LM	Phillip Grobbelaar	04.23.07	06.06.48	10.29.55	2	
	89	79	51	LM	Jean De Villiers	04.17.44	06.12.31	10.30.15	2	
	90	7	53	LW	Sarah De Villiers	04.17.47	06.12.33	10.30.20	2	
	91	80	72	LM	Kalla Smit	04.17.46	06.12.34	10.30.20	2	
	92	81	70	LM	Serge Foulon	04.17.32	06.15.15	10.32.47	2	
	93	82	56	LM	Philip Dicey	04.44.30	05.48.26	10.32.56	2	
	94	8	107	LW	Karin Peters	04.19.53	06.15.46	10.35.39	2	
	95	83	19	LM	Leon Boshoff	04.15.15	06.20.30	10.35.45	2	
	96	5	19	FM	Brent Coates	04.15.15	06.20.30	10.35.45	2	
	97	84	142	LM	Alex Ross	04.15.17	06.20.34	10.35.51	2	
	98	85	62	LM	David Underwood	04.14.39	06.24.08	10.38.47	2	
	99	86	64	LM	Wolfram Finger	04.14.40	06.24.10	10.38.50	2	
	100	87	134	LM	Steve Pike	04.08.34	06.31.43	10.40.17	2	
	101	88	201	LM	Marc Whitmill	04.29.09	06.11.56	10.41.05	2	
	102	89	83	LM	Nicholas Hansen	04.29.13	06.11.55	10.41.08	2	
	103	90	108	LM	Rowan Marais	04.51.37	05.51.15	10.42.52	2	
	104	91	65	LM	Hermanus Engelbrecht	04.41.20	06.02.25	10.43.45	2	
	105	92	98	LM	Pieter Lategan	04.41.15	06.02.33	10.43.48	2	
	106	93	78	LM	David Goldschmidt	04.24.20	06.21.28	10.45.48	2	
	107	94	213	LM	Andele Doko	04.06.48	06.41.48	10.48.36	2	
	108	95	223	LM	Hennis Schreuder	04.19.01	06.31.06	10.50.07	2	
	109	96	157	LM	Peter Starke	04.32.37	06.21.09	10.53.46	2	
	110	97	165	LM	Jason Suter	04.17.42	06.36.13	10.53.55	2	
	111	9	110	LW	Suzie Mattheus	04.32.34	06.21.26	10.54.00	2	
	112	98	177	LM	Andre Van Der Merwe	04.32.39	06.21.22	10.54.01	2	
	113	10	179	LW	Carina Van Der Merwe	04.32.40	06.21.24	10.54.04	2	
	114	1	8	FW	Yolandi Ekermans	04.51.35	06.02.29	10.54.04	2	
	115	6	14	FM	Alex Volkwyn	04.37.16	06.20.42	10.57.58	2	
	116	99	14	LM	Stephen Beukes	04.37.16	06.20.42	10.57.58	2	
	117	100	67	LM	George Evans	04.31.08	06.26.50	10.57.58	2	
	118	101	207	LM	Auric Zander	04.45.22	06.13.29	10.58.51	2	
	119	102	175	LM	Pierre Uys	04.41.25	06.21.43	11.03.08	2	
	120	11	174	LW	Lorraine Uys	04.41.30	06.21.46	11.03.16	2	
	121	103	117	LM	Clinton Miller	04.22.16	06.41.47	11.04.03	2	
	122	104	115	LM	Anton Meiring	03.55.50	07.08.39	11.04.29	2	
	123	105	150	LM	Rudi Rossouw	04.19.21	06.48.34	11.07.55	2	
	124	106	173	LM	Jaco Uys	04.52.50	06.15.57	11.08.47	2	
	125	107	251	LM	Stanzel Olan	04.11.37	06.57.30	11.09.07	2	
	126	108	33	LM	Niel Cilliers	04.53.06	06.16.32	11.09.38	2	

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Group or Category	Pos in		Athlete Details			Split Times		Final Results		
	All	Cat	No	Cat	Name	Stg 1	Stg 2	Time	Stgs	Remarks
	127	12	194	LW	Katja Walter	04.48.35	06.21.13	11.09.48	2	
	128	13	161	LW	Kerry Stevens	04.51.03	06.21.29	11.12.32	2	
	129	109	158	LM	Pierre Steenkamp	04.48.37	06.24.15	11.12.52	2	
	130	110	84	LM	Clayton Hindel	04.23.16	06.53.32	11.16.48	2	
	131	2	6	FW	Michelle Dicey	04.23.18	06.53.32	11.16.50	2	
	132	111	6	LM	Graham Basson	04.23.18	06.53.32	11.16.50	2	
	133	112	57	LM	Andrew Dove	04.49.55	06.27.51	11.17.46	2	
	134	113	52	LM	Paul Hendrik De Villiers	04.35.53	06.47.15	11.23.08	2	
	135	114	1	LM	Jack Ackermann	04.31.06	06.53.33	11.24.39	2	
	136	7	1	FM	Hennie Beukman	04.31.06	06.53.33	11.24.39	2	
	137	115	203	LM	Richard Williamson	04.31.05	06.53.34	11.24.39	2	
	138	116	113	LM	Henri Meier	04.31.07	06.53.33	11.24.40	2	
	139	117	139	LM	James Rimell	04.31.08	06.53.34	11.24.42	2	
	140	118	16	LM	Warren Blair	04.09.18	07.17.55	11.27.13	2	
	141	8	16	FM	Carl Runkel	04.09.18	07.17.55	11.27.13	2	
	142	119	171	LM	Barry Tyson	04.24.30	07.04.03	11.28.33	2	
	143	120	193	LM	Wolfgang Von Loeper	04.52.10	06.45.43	11.37.53	2	
	144	14	198	LW	Estelle Labuschagne	04.44.35	06.53.32	11.38.07	2	
	145	121	156	LM	Andrew Soutar	04.48.30	06.51.36	11.40.06	2	
	146	9	12	FM	Willie Van Heerden	05.20.01	06.21.30	11.41.31	2	
	147	122	12	LM	Arnold Bettendorf	05.20.01	06.21.30	11.41.31	2	
	148	123	95	LM	Wouter Kriegler	04.41.00	07.05.51	11.46.51	2	
	149	124	122	LM	Julian Moore	04.59.10	06.49.06	11.48.16	2	
	150	15	118	LW	Leigh Mitchell	04.49.32	07.01.40	11.51.12	2	
	151	125	106	LM	Gavin Macnaughton	04.55.38	06.58.33	11.54.11	2	
	152	3	7	FW	Karin Du Toit	04.42.20	07.13.16	11.55.36	2	
	153	126	7	LM	Jody Baumgarten	04.42.20	07.13.16	11.55.36	2	
	154	16	208	LW	Christelle Le Roux	04.49.05	07.07.04	11.56.09	2	
	155	127	11	LM	Henk Bester	04.46.03	07.10.09	11.56.12	2	
	156	10	11	FM	John Swanepoel	04.46.03	07.10.09	11.56.12	2	
	157	128	32	LM	Jurgen Chemelli	05.02.40	06.53.33	11.56.13	2	
	158	129	9	LM	Riaan Bessinger	05.03.35	06.52.45	11.56.20	2	
	159	11	9	FM	Marinus Knight	05.03.35	06.52.45	11.56.20	2	
	160	130	58	LM	John Dry	04.53.07	07.03.48	11.56.55	2	
	161	131	197	LM	Ryan Paterson	04.55.37	07.07.49	12.03.26	2	
	162	132	105	LM	Duncan Macduff	04.59.00	07.04.58	12.03.58	2	
	163	133	79	LM	Merryck Griffiths	04.56.03	07.08.38	12.04.41	2	
	164	17	186	LW	Ansie Van Rensburg	04.43.33	07.26.47	12.10.20	2	
	165	18	39	LW	Sue Cromhout	04.44.15	07.26.45	12.11.00	2	
	166	134	48	LM	Rob De Lange	04.43.35	07.37.04	12.20.39	2	
	167	135	180	LM	Carl Van Der Merwe	04.54.40	07.35.32	12.30.12	2	
	168	136	124	LM	Berend Mulder	05.02.44	07.29.51	12.32.35	2	
	169	137	4	LM	Jacques Badenhorst	05.21.19	07.21.43	12.43.02	2	
	170	4	4	FW	Belinda Cilliers	05.21.19	07.21.43	12.43.02	2	
	171	138	71	LM	Johannes Fourie	04.54.31	07.51.15	12.45.46	2	
	172	139	24	LM	Keith Bradford	05.03.35	07.44.07	12.47.42	2	
	173	19	151	LW	Lynette Smit	05.27.23	07.23.49	12.51.12	2	
	174	140	149	LM	George Smit	05.27.28	07.23.52	12.51.20	2	
	175	12	22	FM	Sean Pentz	05.11.58	07.44.20	12.56.18	2	
	176	141	22	LM	Andre Botha	05.11.58	07.44.20	12.56.18	2	
	177	20	36	LW	Dawn Clarke	05.23.07	07.44.03	13.07.10	2	
	178	142	61	LM	Leon Du Toit	05.27.26	07.42.44	13.10.10	2	
	179	143	202	LM	Mirco Wilde	05.03.44	08.10.34	13.14.18	2	
	180	144	69	LM	Nick Ferguson	05.03.41	08.10.37	13.14.18	2	
	181	145	29	LM	Stefan Burwitz	05.06.49	08.09.05	13.15.54	2	
	182	21	125	LW	Katie Muller	05.16.04	08.03.19	13.19.23	2	
	183	146	162	LM	Gabri Steyn	05.16.07	08.03.22	13.19.29	2	
	184	147	168	LM	Peter Tremlett	05.05.59	08.14.15	13.20.14	2	
	185	148	130	LM	Justin Persson	05.22.44	08.07.31	13.30.15	2	
	186	22	55	LW	Katherine Degenaar	05.22.46	08.07.29	13.30.15	2	
	187	149	183	LM	Riaan Van Deventer	05.05.40	08.33.57	13.39.37	2	
	188	150	31	LM	Charl Champ	05.21.08	08.30.24	13.51.32	2	
	189	151	240	LM	Craig Mckune	05.24.58	08.30.21	13.55.19	2	
	190	152	241	LM	Jo Bentley	05.25.00	08.30.23	13.55.23	2	
	191	153	154	LM	Antony Smyth	05.35.37	08.30.19	14.05.56	2	
	192	23	155	LW	Beverley Smyth	05.35.39	08.30.20	14.05.59	2	

Group or Category	Pos in		Athlete Details			Split Times		Final Results		
	All	Cat	No	Cat	Name	Stg 1	Stg 2	Time	Stgs	Remarks
	193	24	123	LW	Morneen Mautitz	05.50.30	08.44.55	14.35.25	2	
	194	25	132	LW	Ronel Pienaar	06.14.02	08.44.52	14.58.54	2	
	195	154	131	LM	David Pienaar	06.14.00	08.44.57	14.58.57	2	
	196	155	137	LM	Henco Rademeyer	06.14.26	08.44.59	14.59.25	2	
	197	156	187	LM	Maartin Van Rensburg	06.14.29	08.45.02	14.59.31	2	
	198	157	185	LM	Alex Van Rensburg	06.14.36	08.45.05	14.59.41	2	
	199	26	133	LW	Wilma Pienaar	06.14.46	08.45.00	14.59.46	2	
	200	158	159	LM	Billy Stelling	03.00.08		03.00.08	1	
	201	159	196	LM	John Wakefield	03.00.32		03.00.32	1	
	202	13	26	FM	Dwain Butler	03.18.08		03.18.08	1	
	203	160	209	LM	Morne Bester	03.19.00		03.19.00	1	
	204	14	20	FM	Paul Lagesse	03.24.04		03.24.04	1	
	205	161	226	LM	Hein De Jamaer	03.50.39		03.50.39	1	
	206	15	11	FM	John Swanepoel	03.58.51		03.58.51	1	
	207	16	30	FM	Bennie Du Toit	04.09.15		04.09.15	1	
	208	17	2	FM	Tian Botha	04.16.40		04.16.40	1	
	209	18	12	FM	Willie Van Heerden	04.16.42		04.16.42	1	
	210	162	146	LM	E Schumann	04.19.23		04.19.23	1	
	211	19	25	FM	Johan Matthee	04.19.34		04.19.34	1	
	212	20	24	FM	Andre Botha	04.21.05		04.21.05	1	
	213	21	23	FM	Pierre Franken	04.22.10		04.22.10	1	
	214	163	260	LM	Anton Du Plessis	04.22.33		04.22.33	1	
	215	22	44	FM	Adam Albertyn	04.27.29		04.27.29	1	
	216	164	216	LM	William Wakefield	04.31.03		04.31.03	1	
	217	27	217	LW	Nadine Wakefield	04.31.04		04.31.04	1	
	218	165	120	LM	Andrew Moltano	04.31.07		04.31.07	1	
	219	166	99	LM	Winston Latham	04.34.34		04.34.34	1	
	220	23	17	FM	Jaco Uys	04.41.02		04.41.02	1	
	221	24	16	FM	Carl Runkel	04.41.05		04.41.05	1	
	222	167	220	LM	Igsaan Nordien	04.41.10		04.41.10	1	
	223	168	220	LM	Clive Berry	04.41.10		04.41.10	1	
	224	5	5	FW	Sarah Cotton	04.41.11		04.41.11	1	
	225	25	5	FM	Anton Bartel	04.41.11		04.41.11	1	
	226	26	50	FM	Gerrit De Villiers	04.42.31		04.42.31	1	
	227	169	127	LM	Grant Noble	04.43.32		04.43.32	1	
	228	27	22	FM	Ockie Els	04.44.00		04.44.00	1	
	229	6	6	FW	Michelle Dicey	04.44.30		04.44.30	1	
	230	28	199	LW	Nicky Webb	04.44.40		04.44.40	1	
	231	28	43	FM	Paul Laemmle	04.48.40		04.48.40	1	
	232	29	101	LW	Kate Le Roux	04.50.30		04.50.30	1	
	233	29	218	FM	Brad Rothenburg	04.51.40		04.51.40	1	
	234	30	1	FM	Hennie Beukman	04.55.36		04.55.36	1	
	235	31	18	FM	J C Badenhorst	04.59.03		04.59.03	1	
	236	170	18	LM	Peter Boardman	04.59.03		04.59.03	1	
	237	32	21	FM	Tinus Erasmus	04.59.59		04.59.59	1	
	238	171	91	LM	Tariq Janodien	05.03.36		05.03.36	1	
	239	172	221	LM	Johan Van Staden	05.06.51		05.06.51	1	
	240	173	135	LM	Terrence Pomeroy-Ward	05.06.56		05.06.56	1	
	241	33	15	FM	Gert Vorster	05.11.53		05.11.53	1	
	242	7	10	FW	Marilize Putter	05.11.56		05.11.56	1	
	243	174	89	LM	Scott Irving	05.20.04		05.20.04	1	
	244	34	25	FM	Matthew Bresler	05.22.59		05.22.59	1	
	245	175	189	LM	Earl Van Zyl	05.23.05		05.23.05	1	
	246	35	9	FM	Marinus Knight	05.24.36		05.24.36	1	
	247	36	29	FM	Kowie Kriel	05.25.02		05.25.02	1	
	248	30	109	LW	Brenda Marx	05.26.06		05.26.06	1	
	249	31	191	LW	Melvi Viljoen	05.26.14		05.26.14	1	
	250	32	121	LW	Cheryl Moolman	05.37.59		05.37.59	1	
	251	176	88	LM	Neil Horn	05.38.02		05.38.02	1	
	252	37	14	FM	Alex Volkwyn	05.40.02		05.40.02	1	
	253	38	18	FM	Jc Badenhorst	05.40.05		05.40.05	1	
	254	39	3	FM	Hugo Carinus	05.40.09		05.40.09	1	
	255	177	87	LM	Matthiam Hoffman	05.41.59		05.41.59	1	
	256	8	27	FW	Alison Schulte	06.01.16		06.01.16	1	
	257	9	28	FW	Anne Barbock	06.01.21		06.01.21	1	
	258	178	237	LM	Uys Kruger	06.14.07		06.14.07	1	

## Lighthouse-to-Lighthouse 2012

11-Feb-12

Gansbaai

Group or Category	Pos in		Athlete Details			Split Times		Final Results		
	All	Cat	No	Cat	Name	Stg 1	Stg 2	Time	Stgs	Remarks
	259	179	238	LM	Anton Strydom	06.14.09		06.14.09	1	
	260	180	41	LM	Nolan Daniel	06.19.28		06.19.28	1	
	261	10	5	FW	Sarah Cotton	06.21.29		06.21.29	1	
	262	181	28	LM	Marthinus Burger	06.41.51		06.41.51	1	
	263	11	4	FW	Belinda Cilliers	06.49.17		06.49.17	1	
Category	All	Cat	No	Cat	Name	Stg 1	Stg 2	Time	Laps	Remarks
<b>Men 1-day</b>	1	1	17	FM	Jaco Uys	03.42.25	05.08.08	08.50.33	2	
	2	2	3	FM	Hugo Carinus	03.55.32	05.28.42	09.24.14	2	
	3	3	21	FM	Pieter Shaw	04.17.30	05.46.01	10.03.31	2	
	4	4	2	FM	Tian Bothma	04.05.00	06.02.30	10.07.30	2	
	5	5	19	FM	Brent Coates	04.15.15	06.20.30	10.35.45	2	
	6	6	14	FM	Alex Volkwyn	04.37.16	06.20.42	10.57.58	2	
	7	7	1	FM	Hennie Beukman	04.31.06	06.53.33	11.24.39	2	
	8	8	16	FM	Carl Runkel	04.09.18	07.17.55	11.27.13	2	
	9	9	12	FM	Willie Van Heerden	05.20.01	06.21.30	11.41.31	2	
	10	10	11	FM	John Swanepoel	04.46.03	07.10.09	11.56.12	2	
	11	11	9	FM	Marinus Knight	05.03.35	06.52.45	11.56.20	2	
	12	12	22	FM	Sean Pentz	05.11.58	07.44.20	12.56.18	2	
	13	13	26	FM	Dwain Butler	03.18.08		03.18.08	1	
	14	14	20	FM	Paul Lagesse	03.24.04		03.24.04	1	
	15	15	11	FM	John Swanepoel	03.58.51		03.58.51	1	
	16	16	30	FM	Bennie Du Toit	04.09.15		04.09.15	1	
	17	17	2	FM	Tian Botha	04.16.40		04.16.40	1	
	18	18	12	FM	Willie Van Heerden	04.16.42		04.16.42	1	
	19	19	25	FM	Johan Matthee	04.19.34		04.19.34	1	
	20	20	24	FM	Andre Botha	04.21.05		04.21.05	1	
	21	21	23	FM	Pierre Franken	04.22.10		04.22.10	1	
	22	22	44	FM	Adam Albertyn	04.27.29		04.27.29	1	
	23	23	17	FM	Jaco Uys	04.41.02		04.41.02	1	
	24	24	16	FM	Carl Runkel	04.41.05		04.41.05	1	
	25	25	5	FM	Anton Bartel	04.41.11		04.41.11	1	
	26	26	50	FM	Gerrit De Villiers	04.42.31		04.42.31	1	
	27	27	22	FM	Ockie Els	04.44.00		04.44.00	1	
	28	28	43	FM	Paul Laemmlle	04.48.40		04.48.40	1	
	29	29	218	FM	Brad Rothenburg	04.51.40		04.51.40	1	
	30	30	1	FM	Hennie Beukman	04.55.36		04.55.36	1	
	31	31	18	FM	J C Badenhorst	04.59.03		04.59.03	1	
	32	32	21	FM	Tinus Erasmus	04.59.59		04.59.59	1	
	33	33	15	FM	Gert Vorster	05.11.53		05.11.53	1	
	34	34	25	FM	Matthew Bresler	05.22.59		05.22.59	1	
	35	35	9	FM	Marinus Knight	05.24.36		05.24.36	1	
	36	36	29	FM	Kowie Kriel	05.25.02		05.25.02	1	
	37	37	14	FM	Alex Volkwyn	05.40.02		05.40.02	1	
	38	38	18	FM	Jc Badenhort	05.40.05		05.40.05	1	
	39	39	3	FM	Hugo Carinus	05.40.09		05.40.09	1	
Category	All	Cat	No	Cat	Name	Stg 1	Stg 2	Time	Laps	Remarks
<b>Women 1-day</b>	1	1	8	FW	Yolandi Ekermans	04.51.35	06.02.29	10.54.04	2	
	2	2	6	FW	Michelle Dicey	04.23.18	06.53.32	11.16.50	2	
	3	3	7	FW	Karin Du Toit	04.42.20	07.13.16	11.55.36	2	
	4	4	4	FW	Belinda Cilliers	05.21.19	07.21.43	12.43.02	2	
	5	5	5	FW	Sarah Cotton	04.41.11		04.41.11	1	
	6	6	6	FW	Michelle Dicey	04.44.30		04.44.30	1	
	7	7	10	FW	Marilize Putter	05.11.56		05.11.56	1	
	8	8	27	FW	Alison Schulte	06.01.16		06.01.16	1	
	9	9	28	FW	Anne Barbock	06.01.21		06.01.21	1	
	10	10	5	FW	Sarah Cotton	06.21.29		06.21.29	1	
	11	11	4	FW	Belinda Cilliers	06.49.17		06.49.17	1	